

## Transcript of Video Interview with Trudy Klock, SYNVISC patient\*

*Trudy Klock has a flourishing real estate business. When she's not working or spending time with family, she's living an active lifestyle that includes swimming, hiking, and biking. She's had OA of the knee since her early thirties.*

My name is Trudy Klock, and SYNVISC has changed my life.

I've had arthritis, a bit of it here and there, since I was in my early 30s, but it was never anything big. Then I think I over-exercised, and that caused it to become very inflamed. And it just took off from there.

I couldn't do anything. I was in pain all the time. I had to think things through: "Do I want to get out of the car? Do I really need to get out of the car?" Looking at a flight of stairs was like Mount Everest. I'd look up and think, "I'm not going up there." I changed my life completely to fit within those parameters.

The first doctor I went to told me that I was too old to exercise, and I didn't accept that. I went to another doctor, and they sent me to physical rehab. They kept telling me, "Take this, take that." And I did; I rubbed anything I could find into (my knees) — anything I could do to try to get my life back.

I went to a show in New York and cried through the first half. I was in so much pain, because I had to leave my knees straight like this. My knees get



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better if I can put them up, or if I can unbend them. Leaving them like this is extremely painful. And so halfway through the play, when I got up for intermission, I asked if I could sit in the aisle. That made me realize: I'm not going to have a life unless I do something to fix this.

Knee replacements weren't an option in my doctor's view, because he said I was too young, and the arthritis wasn't bad enough. Maybe it wasn't, but the pain was bad enough. When I first found out about SYNVISIC, I was reading a magazine. It just was a little advertisement saying that you could get your life back, which was "wow" for me.

SYNVISIC does something to the joint to keep it lubricated, and that's the difference—all the difference in the world. The doctor was positive about it; he told me there were very few side effects. He didn't see a problem with it. And the rest is history.

The results were so dramatic. It's amazing the difference in me now and before SYNVISIC—amazing. If you talk to my family, they'll all tell you how much they love SYNVISIC.

Sometimes the things that I could do snuck up on me. I didn't realize I could do them until I tried. I'd get down on the floor, and then stand up, and say "Wow!" And I would do it again, just because I could.

We have a little shore house. I had Janis Joplin screaming on the stereo, and I was on my knees with a scrub brush, singing at the top of my lungs with a huge smile on my face. One of the biggest compliments I got this year was from one of the people who rented our house who told us it was the cleanest house they ever rented. I was just so happy that I was able to do that.

I missed so many things. I missed being happy, I missed being able to go and do and plan ahead. I missed just going to the grocery store and picking up groceries and going home and cooking. SYNVISIC has allowed me to do what I want to do—not just what I need to do, but what I want to do. I can't begin to tell you how much more positive my life is.

Now I'm asking everybody else, "Hey, you want to go hiking? Do you want to go swimming? Do you want to go biking?" I'm doing it all, and I'm going to do it as long as I can and as much as I can. I am me again. I have my life back.

For more information about SYNVISIC, visit [www.SYNVISIC.com](http://www.SYNVISIC.com).

\*This is a testimonial of one patient's story and her experience with SYNVISIC. Individual results may vary.

#### Important Safety Information

SYNVISIC is used to relieve knee pain due to osteoarthritis (OA). It is for patients who do not get enough relief from simple painkillers such as acetaminophen, or from exercise and physical therapy.

SYNVISIC is generally well tolerated. However, it may not work for everyone. The side effects most commonly seen when SYNVISIC is injected into the knee were pain, swelling and/or fluid buildup around the knee. Cases where the swelling is extensive or painful should be discussed with your doctor. Other side effects such as rash have been reported rarely. Before trying SYNVISIC, tell your doctor if you are allergic to products from birds—such as feathers, eggs or poultry—or if your leg is swollen or infected. Talk to your doctor before resuming strenuous weight-bearing activities after treatment. SYNVISIC has not been tested in children, pregnant women or women who are nursing. You should tell your doctor if you think you are pregnant or if you are nursing a child.

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